

THE HOME, ITS PROBLEMS AND ITS INTERESTS

Autumn Wraps.

No matter how warm a summer the weather officials may prophesy early in the season, still it will be found by autumn that all the light afternoon wraps are decidedly shabby. Cloth coat or cape is not only necessary for warmth, but as a carriage wrap it is indispensable. So exceedingly light and perishable are the gowns now worn in the afternoon that even in one's own victoria it is necessary to wear a thin silk or cloth of as light weight as possible. There is no definite length for this style of cloak. Some are but little larger than shoulder capes, while again are seen cloaks which reach quite to the hem. The Empire cloak in pale pink cloth is another favorite. Beneath the plain yoke the cloth falls in wide, flatly pressed plaits. The buttons are of the pink cloth. The yoke and sleeves are cut out over black taffeta silk. These sleeves, which although slightly longer than the three-quarter are still not full length, are very large, and even the cuff is unusually wide. A pink straw hat has a band of black taffeta about the crown, while on the right side are placed large white winks. The wrap in white with pale blue-green, or red taffeta would be every bit as smart as in the more effective colorings.

Choose Food With Care.

There is no season of the year when diet is not an important matter to the woman who would look her best, but especially in warm weather it is essential that she shall exercise some care as to what she eats if she wishes to keep her complexion clear and herself in the best condition. The extreme heat of the summer is in itself trying to the blood, which may show eruptions of the skin due solely to high temperature. If a person who has this tendency eats food that increases the temperature, the trouble is naturally aggravated, sometimes even to causing sickness, says Margaret Minter.

The natural foods of summer are in themselves wholesome and refreshing. Fruits, vegetables and salads are a desirable way upon the whole system, and for that reason alone should be eaten. They also, and in the winter, woman, inclined to embonpoint, must take heed, as flesh producing, and combined with lack of exercise, are the cause of most persons who are ordered to vacate and the house is closed until such a time as the cellar is dry.

Dampness in the basement is either caused by bad sewerage, leaks in the walls or because the basement has not been properly built. In the first case, trickling down the walls, the place where it leaks through should be found and sealed. If the second case is the cause, the floor is damp or full of water they should be repaired. The many vegetable and fruit which are usually because the water in the earth is so close to the surface, it is necessary to prevent this dampness on the inside and to make the rooms water-tight. The basement is often a level which is below the house or level with the basement floor, and drain the water into a sewer, but as this is expensive, many persons will live for years in unhealthy houses rather than do it.

Where the tide water backs up and rushes into the cellar, the best plan I know of to keep a dry cellar is to fix it like a cistern, with a concrete floor, and a proof and entirely water tight with tar, paper and cement.

On the outside of the inner wall put tar paper, over this put a layer of tar two or three inches deep, then a coating of concrete. If the floor is of brick, it is better to have it covered with a layer of concrete and finish with an outside brick wall. With the floor made in the same way, and it acts up, nothing can be done, whether on a waterfront or constructed on rocks.

No matter how damp a cellar is, it can be made water tight and dry if persistently worked with.

CLEAN CELLARS.

Cellars that are coated with whitewash, in which there is a small percentage of chloride of lime, have a disinfectant strong enough to counteract the damp odor so noticeable in most basements, and if kept well cleaned, properly ventilated and water tight, will be as sanitary as living rooms.

All cellars should be whitewashed at least three times a year to keep them clean and make the walls light. A 5 per cent solution of chloride of lime as a disinfectant will help purify the air and make it sweet and wholesome.

Every woman has her own idea of cleaning a cellar, but a safe plan to follow is to sweep it thoroughly with a stiff broom twice or three times in a week and have all the windows open at the time, so the dust will not settle again on the floor or walls. Any rubbish or waste from vegetables should, of course, be taken out as soon as it is made, for if left for several days when the weather is hot it will fill the rooms with offensive gases.

If the floor is of dirt a corn broom should be used, and is then easily cleaned by brushing; but with cement, asphalt, brick or stone sweeping three times a week is not sufficient, for there is dirt in the corners and on the floor that nothing but hot water will clean. On the side one hears complaints from persons about damp, bad smelling cellars and when they are inspected we usually find the fungus is largely because of improper ventilation. The windows should be thrown open and left so several times a day to let the fresh air possible. So little sunshine ever creeps in a basement an extra amount of fresh air is required to keep it wholesome. If necessary to get rid of the dampness a fire should be started in a stove put in the basement or in a furnace in the furnace and should be kept burning until the floor and walls are dry.

Windows Screened.

The windows and outside doors, if there are any, should be as carefully screened as in living rooms during the summer season to prevent insects from destroying any vegetables or fruits that are stored there, and with the openings well protected no woman will hesitate to have plenty of ventilation. The most important point of all, however, is to have a cellar water tight, and no person should properly build a cellar unless it is ordered to vacate and the house is closed until such a time as the cellar is dry.

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Modish Summer Coats.

Long-fitted single-breasted coats are made for white costumes, and these often have the collar in black velvet. A few imported frocks of this sort show also buttons covered with black velvet. A deep emerald green velvet is substituted for the black upon other French models, and with a parallel of the same green and a repetition of the green in the hat, this color scheme is distinctly attractive. Green silk stockings and white shoes laced with white ribbon, and a hat of green silk with such a costume and this use of white shoes with contrasting lacing and hose may be, by way, extremely chic for outing wear.

Candy is a thing to be given up in summer, though it is then eaten in largest quantities. But a large quantity of candy is not good for the system, and it is probably due to what is known as hydrolysis, or partial decomposition into free alkali and insoluble acid soap, and to the power of the solution to dissolve food.

TO SAVE STOCKINGS.

To save the wear of stockings take a new piece of wash leather and gum it inside the heels of shoes. This will, by preventing friction, save the stockings immensely. Mothers of boys and girls should take advantage of this hint, for it will save them many stitches.

CHIC MORNING FROCK.

An all-white morning frock of linen, serge, or other material with a note of blue or green or red introduced in a lightful tone in the hat is a delightful toilet for beach work, yachting, driving, etc., but all-white shoes and hose are preferred by many women and more generally worn this summer than ever before.

TORTURED BY ECZEMA

Body Mass of Sores. Could not Sleep. Spent Hundreds of Dollars on Doctors, but Grew Worse.

CURED BY CUTICURA FOR \$8

"Cuticura saved the life of my mother, Mrs. Wm. F. Davis, of Stony Creek, Conn. Hers was the worst eczema I ever saw. She was hardly able to eat or sleep. Her head and body was a mass of sores, and she despaired of recovery. Finally, after spending hundreds of dollars on doctors, growing worse all the time, living in misery for years, with hair whitened from suffering and body terribly disfigured, she was completely cured by two cakes of Cuticura Soap, five boxes of Cuticura, and three bottles of Cuticura Resolvent. Geo. C. Davis, 161 W. 36th St. N. Y."

GROWING NASTURTIUMS.

No water plant is more attractive or more successfully grown than the nasturtium. Break thrifty slips from the stalks in summer, and start them in a clear glass vase or pitcher, so that you can see the network of white roots. Put lumps of charcoal in the bottom of the vase, and keep in a warm window, adding more water as it evaporates. Roots will soon form and new leaves appear, and the blooming will be almost unceasing.



AFTER THE PRINCESS MODE.

Those princess frocks, where the required outline is achieved by means of many shirrings, are one of the most favored designs for the soft woolen goods, such as henrietta, drap d'ete, chiffon-finished mohairs, etc. The model is in a raspberry red henrietta, with a yoke and under-sleeves of a yellowish guipure. The gown is shirred over featherbone cordings all around the waistline top and bottom, and the goods drawn in closely to the curve of the figure with excellent effect. The shirrings are released over the hip, to form the fullness of the skirt, and groups of narrow tucks topping a deeper one are spaced from the knee to the hem. The oversleeve of henrietta is trimmed and finished in the same way, this falling loosely over the undersleeve of chiffon and lace. The fastening, of course, is in the back.

Popular Face Balms.

Here is an enchanting recipe copied from a book on the toilet, published in 1834—in Boston, of course.

"A wash to give the face a younger look." Take sulphur—one and one-half ounces; oil of cedar, and myrrh, two ounces; amber, six drachms; rose water, one and one-half pints. Distill the whole in balneum mariae, wash yourself with some at bedtime, and with the blessing of God it will not fail to give you a younger look.

Where will you find such mingled piety and shrewdness in modern beauty papers? Think how the ladies who advertise some women-working cream or powder could spare their consciences at the last great day if they would only insert such clauses in the recipes they give. And do not the ingredients sound delightful? Amber—which suggests Cleopatra and her pearl (by the way, what a cosmetic that should make), and G. oliban, whatever it may be, it sounds like the name of a Christian.

Another charmingly simple remedy for complexion troubles is to "preserve the droop which oozes from the vine in the months of May and June." Marie Antoinette's wash also sounds enticing. "Take half a dozen lemons, cut in small slices, a handful of the leaves of white lilies and southern wood, and infuse them in two quarts of cow's milk, with an ounce and a half of white sugar and an ounce of rock alum. These are directed to be distilled in balneum mariae. The face at bedtime is to be rubbed with this water, and it is said that it gives a beautiful luster to the complexion." The canny Scotsman (as we are sure he must have been) who wrote this recipe, for at the close he casts all reservations to the wind and declares in a tone that should carry conviction to all his readers, that "its effects are certain." So much for the wash of Marie Antoinette. If the reader who had her head as she did for her complexion it would have been the better for her.

Fortunes in Jewels.

Many society women own jewels which represent a large fortune in themselves, the pearls belonging to the Duchess of Marlborough, for instance, gems which are practically priceless by reason of historic interest as well as for their great beauty; the emeralds owned by Lady Londesborough, and the rubies which adorn Lady Brougham, says Woman's Life. Among other jewel owners is Baroness de Forest, Lady Gerard's daughter, whose husband, the adopted son of the late Baron Hirsch, is fabulously wealthy. His wedding present last year to his bride was a rope of pearls, whose value is said to be more than \$70,000. As the Hon. Ethel Gerard, Baroness de Forest, was greatly admired, she is a noted social figure to be reckoned with. Gardening forms one of her chief hobbies, and at Eastwell Park, the family place, where much of her childhood was passed, she was able to indulge in this recreation to her heart's content.

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